



Fall

2017

City of Aurora Therapeutic Recreation

PROGRAM

Encouraging meaningful recreation opportunities & programs for individuals with disabilities to enhance & expand social, cognitive, affective & physical abilities.



* Locations vary for each program, addresses listed on the last page

MONDAY

Movin' Mondays

Develop gross motor skills, get exercise and have fun with your friends through a variety of physical activities, including: wiffle ball, basketball & gym workouts. Participants are responsible for transportation to/from location. Ages: 13+

Dates	Time	Fee	Class #	Location
Sept. 11-25	11-1 p.m.	R-\$36/NR-\$47	247944	Aurora Central Library
Oct. 2-30	11-1 p.m.	R-\$36/NR-\$47	247945	Moorhead (No program Oct 16th)
Nov. 6 -27	11-1 p.m.	R-\$48/NR-\$62	247946	Beck

Therapeutic Swim Lessons

Opportunity to work 1:1 with an instructor to fit each participant's needs. Learn or enhance swimming fundamentals & basic strokes Ages: 8+

Dates	Time	Fee	Class #	Location
Sept. 11-Oct. 2	4:30-5 p.m.	R-\$38/NR-\$49	247904	Moorhead
	5:15-5:45 p.m.		247905	
	6:00-6:30 p.m.		247906	
Oct. 9-30	4:30-5 p.m.	R-\$38/NR-\$49	249475	Moorhead
	5:15-5:45 p.m.		249476	
	6:00-6:30 p.m.		249478	
Nov. 6-27	4:30-5 p.m.	R-\$38/NR-\$49	249479	Moorhead
	5:15-5:45 p.m.		249480	
	6:00-6:30 p.m.		249481	

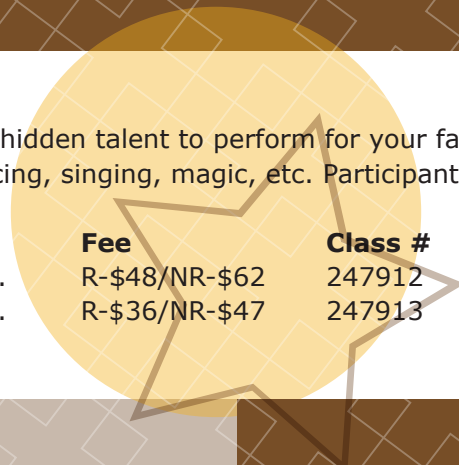


TUESDAY

Tuesday's Got Talent

Rehearse a current act or discover your hidden talent to perform for your family & friends. Opportunity to experience a variety of talents, i.e: dancing, singing, magic, etc. Participants are responsible for transportation to/from location. Ages: 13+

Dates	Time	Fee	Class #	Location
Sept. 5-26	10:30 a.m.-12:30 p.m.	R-\$48/NR-\$62	247912	Meadow Hills Community Room
Oct. 3-24	10:30 a.m.-12:30 p.m.	R-\$36/NR-\$47	247913	Meadow Hills Community Room (no program Oct 17th)



TUESDAY CONTINUED

Thankvember

Come create a variety of crafts & snacks themed around Thanksgiving. Participants are responsible for transportation to/from location.

Dates	Time	Fee	Class #	Location
Nov. 7-28	10:30 a.m.-12:30 p.m.	R-\$48/NR-\$62	247914	Meadow Hills Community Room

FREE Volleyball Clinic

Experience a practice & a short game with your friends. Discover if you would like to join the Special Olympics team, the season begins Sept. 19. Ages: 14+

Date	Time	Fee	Class #	Location
Sept. 12	6-7 p.m.	FREE	249482	Moorhead

Special Olympics Unified Volleyball

Learn fundamentals of volleyball, a team sport. It will focus on skill development and league play. Participants will have the opportunity to compete in an area & state competition. Participants are responsible for transportation to/from location. Ages: 14+

Dates	Time	Fee	Class #	Location
Sept. 19-Nov. 14	6-7 p.m.	R-\$25/NR-\$33	247951	Moorhead (No program Oct 17th)

WEDNESDAY

Bowling

Have fun while enhancing & developing game play and social skills. Transportation provided from home/school to activity. Participant must be picked up from set location. Ages: 13+

Dates	Time	Fee	Class #	Location
Sept 6-27	3-5 p.m.	R-\$64/NR-\$84	247908	Brunswick Zone (2200 S Peoria St.)
Oct 4-Nov 1	3-5 p.m.	R-\$64/NR-\$84	247909	Brunswick Zone (No program Oct. 18)
Nov 8- 29	3-5 p.m.	R-\$64/NR-\$84	247910	Brunswick Zone

Parent-Tot Gymnastics

This class increases a participant's coordination & motor skills while still receiving support from mom or dad in a sensory friendly environment. The class will be held in a classroom with all the necessary gymnastics equipment. Ages: 3-5

Dates	Time	Fee	Class #	Location
Oct. 11-Nov. 1	4-4:45 p.m.	R-\$32/NR-\$42	247902	Meadowood Rec Ctr (Room 1)
Nov. 8-Dec. 6	4-4:45 p.m.	R-\$32/NR-\$42	248254	Meadowood Rec Ctr (Room 1) (No program Nov. 22nd)

Monkey Business Gymnastics

Participants are introduced to the basics of gymnastics that will enhance their movement skills, strength, and coordination in a sensory friendly environment. The class will be held in a classroom with all the necessary equipment. Ages: 6-8

Dates	Time	Fee	Class #	Location
Oct 11-Nov 1	5-5:45 p.m.	R-\$32/NR-\$42	247901	Meadowood Rec Ctr (Room 1)
Nov. 8-Dec. 6	5-5:45 p.m.	R-\$32/NR-\$42	248253	Meadowood Rec Ctr (Room 1) (No program Nov. 22)

Transportation Assistance

Therapeutic staff members are available to consult with participants & families 1:1 to educate & assist with finding transportation options that best fit their needs. Contact a staff member to set up a meeting.

THURSDAY

Excursions

A weekly opportunity to explore Colorado, while enhancing social & independent skills. Transportation provided to & from home. Bring a sack lunch. Ages: 13+

- Time: 10-12:30 p.m.

Dates	Trip	Fee	Class #
Sept. 7	Pool day at Moorhead	R-\$24/NR-\$31	247916
Sept. 14	Aurora Animal shelter	R-\$24/NR-\$31	247917
Sept. 21	Littleton Botanic Gardens	R-\$25/NR-\$33	247918
Sept. 28	Sweet Cow ice cream & games (bring \$6)	R-\$24/NR-\$31	247919
Oct. 5	Game day with the Mobile playground	R-\$24/NR-\$31	247920
Oct. 12	Indoor soccer & bouncy maze/slides	R-\$24/NR-\$31	247921
Oct. 19	See fall break schedule- Oct. 16-20		
Oct. 26	Jumpoline	R-\$30/NR-\$39	247922
Nov. 2	MYO snack & movie day @ Beck	R-\$24/NR-\$31	247923
Nov. 9	Pottery	R-\$30/NR-\$39	247924
Nov. 16	Denver Zoo	R-\$24/NR-\$31	247925
Nov. 30	Cici's Pizza (bring \$15)	R-\$24/NR-\$31	247926

FRIDAY

FUNctional Fridays

Activities & workouts enhancing & developing gross and fine motor skills, adaptations will be made to accommodate all participants needs. Participants are responsible for transportation to/from location. Ages: 13+

Dates	Time	Fee	Class #	Location
Sept. 8-29	11-2 p.m.	R-\$48/NR-\$62	247935	Beck
Oct. 6-27	11-2 p.m.	R-\$36/NR-\$47	247936	Beck (No activity Oct. 20)
Nov. 3-17	11-2 p.m.	R-\$36/NR-\$47	247937	Beck

FAB Fridays

Join us for a fun Friday night socializing with your friends. Participants are responsible for transportation to/from listed location. Ages 13+

Date	Event	Time	Fee	Class #	Location
Sept. 29	Mini golf/frozen yogurt	6-9 p.m.	R-\$29 NR- \$38	247940	Beck
Nov. 17	Movie/Game night	6-9 p.m.	R- \$24 NR-\$31	247941	Beck

SATURDAY

Weekend Warriors

Let's explore outside & have an adventure! Outdoor education & healthy snack will be provided. (In the event of poor weather, we will go bowling). Participants are responsible for transportation to/from listed location.

Ages: 11 +

Date	Adventure	Time	Fee	Class #	Location
Sept. 16	Soft Archery	10-1 p.m.	R-\$28/NR-\$36	247948	Meadowood
Oct. 7	Frisbee Golf	10-1 p.m.	R-\$24/NR-\$31	247949	Meadowood
Oct. 28	Corn Maze	10-1 p.m.	R-\$28/NR-\$36	247950	Meadowood
Nov. 18	Trail Hike	10-1 p.m.	R-\$24/NR-\$31	249483	Meadowood

SPECIAL PROGRAMS

Halloween Dance

We will provide a fun spooky environment for dancing, games, a costume contest, and more. Come boogie the night away with your new & old friends.

Dates	Time	Fee	Class #	Location
Fri., Oct. 27	6-8:30 p.m.	\$5/participant	247938	Beck Recreation Center

1:1 Fitness

Complete a short assessment with Therapeutic staff to develop a workout plan with individualized goals. Meet on a consistent basis with staff to receive support needed to reach your goals & encouragement to ultimately navigate recreation services as independently as possible. This includes gym & pool workout plans. Cancellations must be made 24 hours prior to your schedule session. Call a member of the Therapeutic team today for more information. * Discounted Beck gym membership provided upon completion.

- **6-week session:** R-\$100/NR-\$120

Fall Break Program

This program is designed to provide recreational opportunities for Aurora & Cherry Creek Schools' Special Education students & young adults who reside at home or in group homes. Transportation provided to & from home. Bring a sack lunch. Ages: 13 +

- **Time:** 10 a.m.-1 p.m.

Date	Trip	Fee	Class #
Oct. 16	Boondocks	R-\$29/NR-\$38	247928
Oct. 17	Dart Warz	R-\$30/NR-\$39	247929
Oct. 18	Anderson Farms	R-\$32/NR-\$42	247930
Oct. 19	Movie Day	R-\$31/NR-\$40	247931
Oct .20	Sweet Tomatoes (Bring \$15)	R-\$24/NR-\$31	247932

OVERNIGHT COLLABORATIVE CAMP TRIP

We will join surrounding city's Therapeutic programs at Camp Cheely for a weekend filled with several activity options, including: hiking, archery, fishing, cooperative games, crafts & rock climbing wall. Participants will sleep in large heated lodges on bunk beds. Transportation to & from camp location provided. Participant must be dropped off/picked up from Beck.

- Ages 18 +
- Fri., Oct. 6-Sun., Oct. 8
- \$175

Please contact Therapeutic program staff member for more information.

Registration

Participant intake & information form must be received prior to participation. When registering, please provide the class number or title & dates of the program.

REGISTER ONLINE

Auroragov.org/recreation
Fast-Easy-Secure-24/7
Pay by credit card or electronic check
The Therapeutic team can work with each of you on setting up a log-in & orienting you to the system.

REGISTER BY PHONE

Registration office, 303-326-8650, hours 8-5. Call any Aurora recreation center (hours vary)
Pay by credit card or electronic check

REGISTER IN PERSON

Registration Main Office
15151 E. Alameda Parkway, Suite 1900
Aurora, CO 80012
Or register at your nearest recreation center
Pay by cash, check or credit card

- Registration is on a first- come-first-serve basis
- Non-residents pay 30% more.
- Credits not issued on third party payments.
- elopmental Pathways billing will be processed by the TR program staff.

FUNDING ASSISTANCE

Developmental Pathways Community Outreach Department is excited to offer funding assistance to people residing in Arapahoe & Douglas Counties who are not receiving Medicaid Waiver Services through Pathways. Funding may be used for T.R. programs. For questions or to enroll, call 303.858.2330.

FINANCIAL ASSISTANCE

Some fees are reduced for residents on limited incomes. Call 303.326.8700 or 303.326.8315 for eligibility & application.

PERSONAL NEEDS ASSISTANCE

Individuals that need help with feeding, dressing, medication, or using the restroom must make personal arrangements for assistance.

AMERICANS WITH DISABILITIES ACT

The city of Aurora supports the ADA. If you require special accommodation for participation in our general recreation programs or to use our facilities, call 303.326.8410.

PROGRAM LOCATIONS

- Beck Recreation Center: 800 Telluride St. Aurora 80011
- Meadowood Recreation Center: 3054 S. Laredo Aurora 80013
- Aurora Central Library: 14949 E. Alameda Pkwy. Aurora 80012
- Moorhead Recreation Center: 2390 Havana St Aurora 80011
- Meadow Hills Activity Room: 3609 S Dawson St Aurora 80014

QUESTIONS?

Brea, Certified Therapeutic Recreation Specialist • 303.326.8410
Albert, Therapeutic Recreation Program Coordinator • 303.326.8412
Gwen-Therapeutic Recreation Program Coordinator • 303.326.8411