



## **AURORA COMMISSION FOR OLDER ADULTS (ACFOA)**

**Monday, September 12, 2022**

**1:00 p.m.**

Hybrid- WebEx Virtual Meeting  
and in-person at  
Aurora Center for Active Adults  
30 Del Mar Circle, Aurora, CO 80011

### **MINUTES**

**CALL TO ORDER:** By Chair at 1:00 PM

**ACFOA MEMBERS PRESENT:** Jeannie Davis, Chair; Sandy Thomas, Vice-Chair; Juanita Audre, Frances Dollard, Delfina Ashley-Baisden, Frankiemae Perry, George Bain, Barbara Schneller; Commissioners.

**ACFOA MEMBERS ABSENT:** N/A.

**OTHERS PRESENT:** Brooke Bell, Director of Parks, Recreation and Open Space; Nicole Ankeney, Manager of PROS Planning, Design and Construction; Ronald Roulhac, Facility Program Supervisor ACAA, ACFOA Liaison; Lori Sanchez, Recreation Program Supervisor; Adriana Valles Morales, Admin Specialist and Secretary for ACFOA.

**ADOPTION OF MINUTES:** Barbara Schneller was not present at the August meeting and asked to have her name removed from the attendees list. Upon motion, second, and unanimous vote, the minutes were approved as amended.

**SPEAKER:** Steve Wolter, Director of Eppley Institute for Parks and Public Lands; Layne Elliot, Project Manager for Eppley; Michelle Teller, PROS Senior Planner and Rian French, PROS Special Projects Manager were all speakers in the Needs Assessment topic. The Needs Assessment overall project goal is for Eppley to “develop an understanding of the Commission’s expectations for an older adult needs assessment.” Throughout the discussion, details on the process and timeline were shared. There is a four-phase approach to the Needs Assessment project. The project kick-off will include confirmation of project schedule, discussion of data sources and stakeholders and discussion on what questions to ask stakeholders. After the first phase, research will begin with summaries of Benchmark communities. These communities have done older adult needs assessments and the commonalities among them will be reviewed. This stage will also include workshops with the Commission, external stakeholder interviews and possible meetings with city department heads. After the research is completed, a draft scope of work will be prepared. In the third stage, the draft scope of work will be reviewed with the Commission and key stakeholders. In the final stage, technical revisions, presentation and final submittal



of the scope of work is made. Presentation of the scope of work would not only be to the city alone but also to city council with information on each of their wards.

There will be two workshops with the Commission; dates are still to be confirmed. In the first workshop, departmental needs and gaps related to older adult needs will be presented along with other discussions the Commission may have at that time. In the second workshop, Eppley will present on related needs assessments and scopes of work that they have found. Three or more related needs assessments will be identified and reviewed by Eppley in order to give the Commission different perspectives. This study will be used as a guide for Aurora's Scope of Work. During the presentation, positive feedback, comments and questions were given and answered.

**BUDGET REPORT:** Ron reported that the newly purchased tablecloth was \$320. Meals are between \$40 and \$50 a month. The Commission is under budget for the last quarter of the year at \$724 spent. Any expense approvals can go through the department director.

#### **LIAISON REPORTS:**

##### ***Aurora Center for Active Adults – Ronald Roulhac, Supervisor***

- Every other Wednesday, the ACAA has frozen meal mailbox distribution since the pandemic closure in March of 2020. ACAA is in the process of making sure they have proper volunteers to start offering in-person hot meals for older adults. The first meal day at ACAA is September 14<sup>th</sup> and meals will no longer be delivered. Anyone wanting delivery has been moved to Meals on Wheels.
- September 16<sup>th</sup> is the Heather Gardens Resource Fair.
- September 17<sup>th</sup> the ACAA will hold their Older Adult Prom Night.
- Veterans Salute will be held on Thursday, November 3, 2022 from 9 a.m. – 1 p.m. at Hyatt Regency Aurora-Denver Conference Center. Free parking is available. Registration is required.
- The Seniors' 88 will have their musical performance in November. Tickets will soon be available.

##### ***Arapahoe County Council on Aging (ACCoA) – Barbara Schneller, Commissioner***

- One of the topics discussed had to do with changing terminology. For example, instead of senior, elderly or senior citizen, the correct terms are older adults or older people.

##### ***Aurora Senior Circle – Jeannie Davis, Commissioner***

- Meeting is on September 14<sup>th</sup>. There will be two speakers: the Arapahoe Public Library will talk about their older adult resource section, and the second speaker will talk about transitions in care for justice involved older adults.



**Ward Meetings – All Commissioners**

- Barbara attended her ward meeting. There was a presentation on the Transportation Master Plan that involves streets, walking, biking and vehicles.
- Fran attended the Ward 3 meeting. Robbery, street racing and expired license plates were the topics.

**COMMITTEE REPORTS:**

**Legislative – Sandy Thomas, Commissioner**

- Sandy received a call from Arapahoe County to join in the discussion with Senator Michael Bennet about the 2022 Inflation Reduction Act. The Inflation Reduction Act involves many things. Specific to Medicare, there are some changes. Starting in 2023, there will be a cap on the cost of insulin per month of \$35, and all vaccines will be free. Starting in 2024 through 2025, there will be a \$4000 cap and by 2025 the cap for everyone will be at \$2000 and a percentage payment won't be charged. In 2026, Medicare can negotiate prices with drug companies for the 10 most prescribed drugs. By 2029, Medicare can negotiate for the 20 most prescribed drugs, and by 2032, the 100 most prescribed drugs. By 2032, drug companies will be required to rebate back any price increase on a drug that is higher than the inflation rate. With these changes, Senator Bennet stated he understood that Medicare payments will not increase.
- Sandy suggested to the Commission creating a rack card for age discrimination in employment. The Commission discussed the effectiveness of rack cards and distribution. Frankiemae volunteered to work on the creation of a rack card, and Sandy agreed to help. They will work on this project starting next year.

**Transportation Solutions – Jeannie Davis, Interim Chairperson**

- The base pay for bus drivers was raised to about \$25 an hour due to having a hard time obtaining drivers.
- Transportation Solutions Arapahoe County (TSA) was at the Forum passing out the DRCOG Getting There Guide.

**Public Relations – Juanita Audre, Commissioner**

- The program with The Mission Viejo Library and the Aurora History Museum will be held on October 1<sup>st</sup>. A History of Aurora presentation will be held. Registration is required. Ron added that the Mission Viejo Library is interested in having dance and fitness programs for older adults at their location starting in 2023.

**Intergenerational Support – Juanita Audre, Chairperson**

- A speaker from Anschutz will present information about their intergenerational program on September 19<sup>th</sup>.

**Fraud and Abuse Prevention Committee - George Bain, Commissioner**



- A draft of the Fraud Prevention rack card was reviewed by the Commission for approval. Following discussion, there was a motion by Juanita and second by Frankiemae. The rack card was unanimously approved by the Commission for publication.

### **OLD BUSINESS:**

#### ***Aurora Older Adult Forum Wrap-up – Jeannie Davis, Commissioner***

- Jeannie thanked all Commissioners for helping and participating in the forum.
- September 21<sup>st</sup> is the post event meeting for volunteers.

#### ***Collaborative Partnerships – Sandy Thomas, Commissioner***

- Commissioners who completed the questionnaire sent out by DRCOG, received an invitation for the September 30<sup>th</sup> regional summit of older adult commissions and councils to be held in Golden.

### **NEW BUSINESS:**

#### ***Visit Aurora Update – Jeannie Davis, Commissioner***

- The Commission committed to make a list of national organizations that have conferences and conventions. They need to have a focus on older adults like AARP. Jeannie asked for volunteers to help in creating this list. Sandy and Jeannie will create the list.

#### ***Speaker Calendar Update – Jeannie Davis, Commissioner***

- For the October 3<sup>rd</sup> meeting, Jenalise Danise, Co-Founder of Colorado Resilient Life Center Foundation will be the speaker.

#### ***ACFOA Vacancy – Jeannie Davis, Commissioner***

- Jeannie asked the Commission to ask around and start looking into who is interested in becoming a Commissioner before a formal request is sent out.

#### ***Nominating Committee – Sandy Thomas, Commissioner***

- The Nominating Committee will meet to discuss a slate of nominees for Chair and Vice-Chair for 2023. The nominees will be presented to the Commission at the October meeting and the election will be held at the November meeting.

#### ***ACFOA Rack Card – Jeannie Davis, Commissioner***

- During the Forum, they were asked at the booth if the rack card was available in Spanish. Ron will request this and let the Commission know if this is something that can be done.

#### ***ACFOA Promotional Giveaways – Jeannie Davis, Commissioner***



- These giveaway items are things that can be given out at all the Commission’s events. The type of item has to be something that will be approved and can be used throughout the whole year. The suggestion of a refrigerator magnet clip was made by Delfina.

**NEXT MEETING**

Date: October 3, 2022

Time: 1:00 p.m.

Location: Aurora Center for Active Adults and virtually through WebEx.

**ADJOURNMENT**

Upon motion, a second, and consensus of the Commission, the meeting was adjourned at 2:59 PM.

Jeannie Davis, Chair  
Aurora Commission for Older Adults

\_\_\_\_\_

Date \_\_\_\_\_

Adriana Valles Morales,  
Administrative Specialist and Secretary

\_\_\_\_\_

Date \_\_\_\_\_

ADOPTED \_\_\_\_\_