



AURORA COMMISSION FOR SENIORS (ACS)

Monday, May 3, 2021

1:00 p.m.

**Aurora Center for Active Adults
30 Del Mar Circle, Aurora, CO 80011**

MINUTES

CALL TO ORDER: By the Chair at 1:03 PM

ACS MEMBERS PRESENT: Jeannie Davis, Chair; Gloria Shea, Recording Secretary; Juanita Audra; Christina Hollister; Kathy Newton; George Bain, Commissioners

ACS MEMBERS ABSENT: Sandy Thomas, Vice-Chair; Barbara Schneller Commissioner

OTHERS PRESENT: Ronald Roulhac, Facility Supervisor ACAA, ACS Liaison; Beth Yacono, Acting Superintendent Recreational Programs; Lori Sanchez, Recreation Supervisor for Morning Star and Overseeing Registration Systems; Laurie Lovedale, MPH-Injury Prevention Specialist for Trauma Services, University of Colorado.

ADOPTION OF MINUTES: The Commissioners acknowledged reviewing the minutes. Upon a motion, second, and unanimous vote, the minutes for the April 5, 2021 regular meeting and April 19, 2021 special meeting were approved as presented.

SPEAKER(S): Laurie Lovedale from UC-Health has a Public Health Background. Ms. Lovedale gave a power-point presentation acknowledging fall and morbidity/mortality (injury/death) statistics from the Center for Disease Control. A primary takeaway, "Falls are Not Part of Aging." Falls are the most common cause of traumatic brain injury. Ms Lovedale explained and delved into intrinsic and extrinsic factors for falls. She supplied strategies and resources for combating these factors. "Stepping On," "My Mobility Plan," and "Stay Active" are a few of the current fall prevention programs available to the general public. Ms. Lovedale will forward her presentation to the Commissioners.

BUDGET REPORT: No Report

LIAISON REPORTS:



Aurora Center for Active Adults – Ronald Roulhac, Supervisor

- Beth Yacono reported. The ACAA facility reopened today. There was not much physical presence by patrons but many phone calls were taken by staff.
- Some programs will begin May 17 and additional activities will be added in June 2021.

Arapahoe County Council on Aging (ACCoA) – Barbara Schneller, Commissioner

- No report

Aurora Senior Circle – Jeannie Davis, Commissioner

- No report

Ward Meetings – All Commissioners

- No Reports. Jeannie read the dates for all upcoming Ward and At-Large meetings.

COMMITTEE REPORTS:

Legislative – Sandy Thomas, Commissioner

- No report

Transportation Solutions – Christina Hollister, Commissioner

- No updates.

Public Relations – Juanita Audre, Commissioner

- Juanita was contacted by a representative to the Ombudsman Program. Every type of care facility has an Ombudsman. They are responsible to validate and protect patients and patient rights.
- There was discussion by the Commissioners and a unanimous vote to have the Ombudsman Program present at a subsequent Commission meeting. The July 2021 meeting is the targeted date.

Intergenerational Support – Kathy Newton, Commissioner

- Kathy stated the Youth group is suspended due to end of school functions and will resume in August. Kathy's committee is brainstorming summer activities. There are webinars over the next two weeks on the "Changing the Narrative" topic.

Virtual Workshops – Jeannie Davis, Commissioner

- There was much general discussion about the Virtual Workshops. Laurie Lovedale's program was suggested. Beth Yacono will follow-up with her contacts for Channel 8 and her "Brain Trust" for



new program ideas. Jeannie stated all the suggested presenters are actually “auditioning” the ACS for future Virtual Workshops. Jeannie stated Ronald has about 8,000 Aurora citizens on a roster for information dissemination.

OLD BUSINESS

- **Organizational Name Change:** Beth Yacono advised a COA staff person has to be the spokesperson for ACS at the City Council Study Session on May 3, 2021. Joseph Sacks (Manager of Recreation) will be speaking on our behalf. Subsequent voting by City Council for final approval is pending. Resources were given for Commissioners’ viewing of the Study Session. The City Council Agenda item is 3D.
- **Speaker Calendar:** Jeannie and the Commissioners reviewed the document “2021 City Council Policy Committee Assignments.” Beth gave an overview of each committee’s activity and ACS agreed to have presentations from Planning and Economic Development and Public Safety and Courts. For instance, an Americans Disabilities Act may be discussed.. Beth will follow-up with Joe Sack and staff members for speaking engagements.
- **Annual Report:** Planned for the May 26, 2021 City Council Meeting.
- **Buzz Newsletter:** This publication will go from a monthly to a quarterly publication. Ronald has received submissions from Kathy, Gloria and Barbara and will review for content prior to publication. May 28, 2021 will be the deadline for the article for the July quarterly Newsletter.
- **Backburner Items:** Recreation Center Displays, Library Proposals, and Emergency Cards all hinge on ACS name change.

NEW BUSINESS:

- **Collaborative Partnerships with Metro Area Senior Commissions:** Chair and Vice-Chair will reach out.
- **Discussion re: ACFOA city website:** pending final City Council vote.
- **Identify 2021 City Council Policy Committees,** discussed above.
- Jeannie attended the Community Stakeholders meeting on April 27th. This was a start in learning more about perspectives on the state of racial equity, inequities and disparities in the city of Aurora, and where participants would like to see the city prioritize its efforts in diversity, equity and inclusion. The group facilitator is “Courageous Conversations.”



- Following the meeting, Jeannie was contacted by Ralph Charlip, Chairperson of the Veteran's Affairs Commission. Ralph related his Commissions focus and would like to be included in discussions regarding ACS activities.
- Jeannie asked George Bain and he confirms he will do a virtual workshop presentation on Financial Concerns for Elders.

NEXT MEETING

Date: June 7, 2021

Time: 1:00 p.m.

ADJOURNMENT

Upon motion, a second, and consensus of the commission the meeting was adjourned at 2:52 PM.

Jeannie Davis, Chairperson
Aurora Commission for Seniors

Jeannie Davis

Date 9-27-21

Gloria Shea, Commissioner
and Recording Secretary

Gloria Shea

Date September 21, 2021

ADOPTED June 7, 2021